



TREATMENT

Bhava Spa

If we're getting personal, I must admit that I'm in love with this place. It's wonderfully designed, with everything well-thought-out – even the bathroom sink looks like it's from a vintage-chic decorator's daydream. The treatments and service offered here match the exceptional decor. All in all, it's a perfect pampering getaway.

Amnaya Kuta
 Jalan Kartika Plaza, Gang Puspa Ayu No.99, Kuta
 +62 361 755 380
 amnayahotels.com
 @amnayaresorts



TREATMENT

Rock Spa at Hard Rock Hotel Bali

Rhythm And Motion is definitely something else, and one that you should try at least once. If you're familiar with the controversial radio personality Howard Stern's autobiographical movie "Private Parts", especially the scene with the speaker, you must know what some bass vibrations can do to the senses. Well, maybe not in the same obscene way as in the movie, but you get my point.

Jalan Pantai, Banjar Pande Mas, Kuta
 +62 361 761 869
 bali.hardrockhotels.net
 @hardrockbali



EAT & DRINK

Jamie's Italian

More than your average restaurant chain, this is a true expression of one of the world's most humble celebrity chefs. Inspired by his "keeping it real" approach to cooking, and a deep passion for the Italian way of life, traditional cuisine is combined with innovative ideas and of course, the Jamie Oliver twist.

Jalan Pantai Kuta, Banjar Pande Mas, Kuta
 +62 361 762 118
 jamieoliver.com
 @jamieoliverbali



EAT & DRINK

The Best Brew

The Best Brew is definitely the place for you to catch up with your friends after work. To really bask in the Kuta vibe, however, I recommend you try the Grill & Chill offer every Monday, Wednesday or Friday from 6pm till 10pm. Priced at only Rp.120,000++ per person, you can choose from a mouth-watering barbeque selection and thirst-quenching cold beer options.

Four Points by Sheraton Kuta
 Jalan Benesari, Banjar Pengabetan, Kuta
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 fourpointsbalikuta.com
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