

ROCK SPA® AT HARD ROCK HOTEL

BALI

BILOXI

CANCUN

HOLLYWOOD, FL

LAS VEGAS

MACAU

PANAMA MEGAPOLIS

PATTAYA

PENANG

PUNTA CANA

RIVIERA MAYA

SAN DIEGO

TAMPA

VALLARTA



hardrockhotels.com

rock  spa®

HARD ROCK HOTEL BALI



 retune yourself.

This is more than a spa. This is a different state of being. An escape. A quest to push reset. It's a recovery zone. It's a transformative realm of unapologetic indulgence. Where time takes you back to where you once belonged.

Being pampered is the highest virtue. Through our lineup of signature treatments and amenities we stir the soul, relax the mind and rock the body.

Rock Spa Bali is your place to retune and indulge your will. Let our sensual environment set the stage for a textural journey using distinctive treatments and social amenities to seduce you into a gratifying state of restoration.





massage

HARD ROCK MASSAGE

Feel totally revved and ready to rock after our signature massage. A fusion of global massage styles including delicious ear reflexology, to get the blood pumping, purge impurities and deliver you with a renewed state of mind.

RHYTHM STICKS

Misbehaving muscles beware; this massage uses bamboo rods of various sizes to destroy knots and eliminate built up tension. Rhythm Sticks combines the traditional benefits of massage and comforting heat through warmed oils. The perfect treat after a big night.

RETUNE YOURSELF

Feel the beat with this acoustic and vibratory sensation. Artfully combining Lomi Lomi massage techniques with the Suzu Gong. By holding the gong above or directly on top of the body we release energy blocks and achieve mind, body harmony. This session is complimented by the resonating sounds of Tibet.

HOT ROCKS

The heat of the earth and dedicated touch ensures this much loved massage will leave you floating. Your therapist alternates hot volcanic stones and nurturing hands in flowing strokes across the body; stones are then strategically placed on energy points to penetrate deep within.

TRADITIONAL BALINESE MASSAGE

Turn back the hands of time and experience the ancient healing techniques of Bali. It's survived this long so it must be good. Utilizing flowing strokes, palm and thumb pressure to lull you into a wonderful state of tranquility. Guaranteed to put the groove back in your step.





massage

IT TAKES TWO

If you just can't get enough of our fabulous massage, why not go the whole nine yards and indulge in It Takes Two.

One body, two therapists = cloud nine.

A sublime combination of rhythmic movements that takes care of your top and toes simultaneously.

SOLE REVIVAL

Not your standard foot massage, at Rock Spa we deliver bliss to your feet through dedicated zone therapy incorporated with bamboo rod techniques and heated compresses. Get your dancing shoes ready.

BRIEF ENCOUNTER

If you are strapped for time, a little indulgence is better than none at all. Designed to de-stress taut and tired shoulders and backs, this treatment may be short on time but it packs a powerful dose of healing energy.







body

BUFF BAR

Enjoy with your favorite body massage.

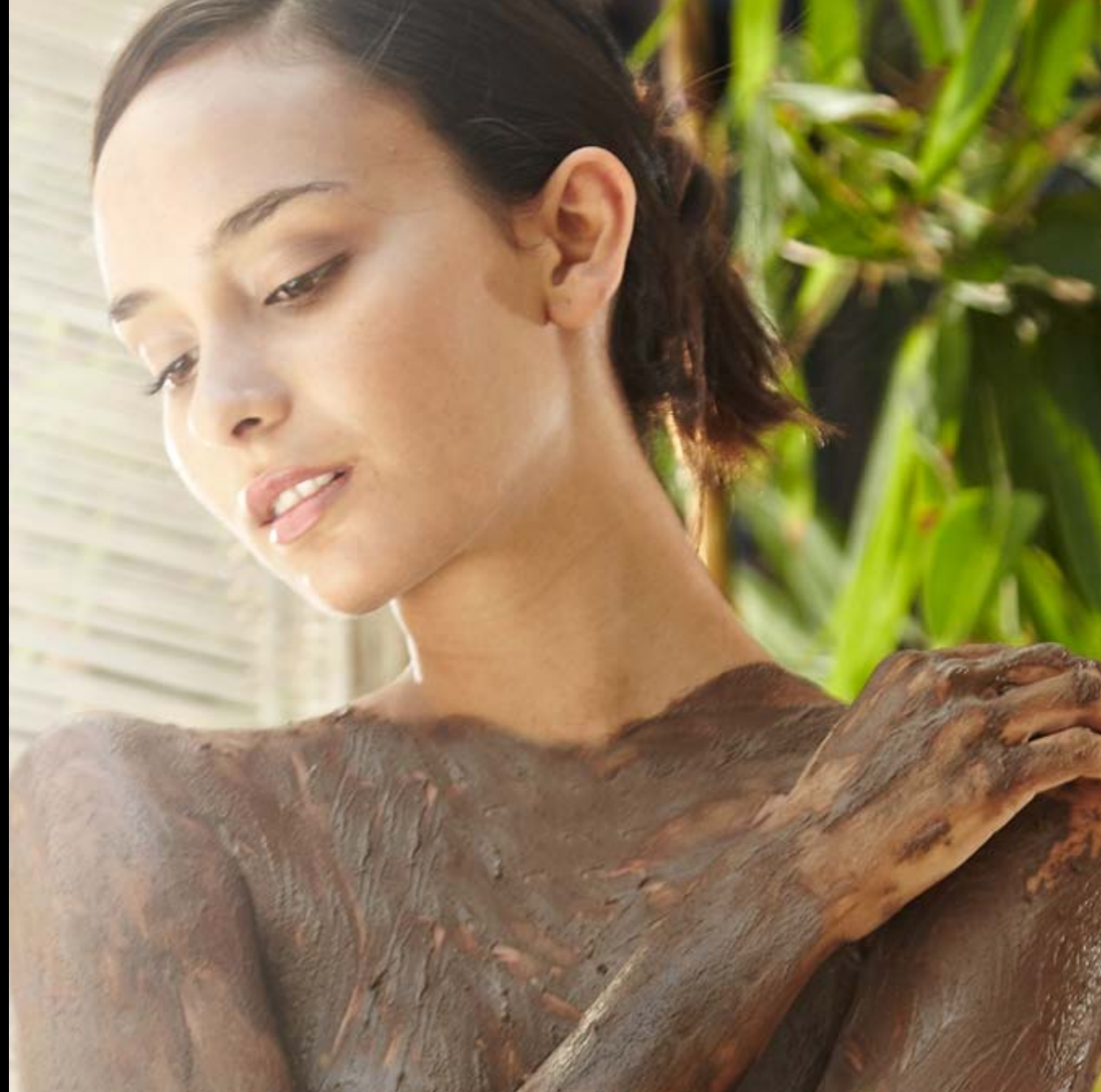
Create your own body treatment at the Buff Bar. For super smooth skin take a base of Earth Clay, Sea Salt or Crushed Rice add your favourite essential oil and botanicals such as grated ginger, dried fruit, flower petals, our therapists will put it in the mix for you. Hard or Soft you decide.

OVEREXPOSED

When your tropical tan has you looking more blistery than blissful we have the solution. After a gentle massage, healing geranium and soothing lavender is applied to the body and wrapped to reduce heat and redness, followed with a nourishing lotion application. This treatment is comforting and refreshing, perfect to cool down on a hot day.

PEVONIA GREEN COFFEE SLIMMING TREATMENT

Slim and tone your body with this cutting-edge cellulite treatment by Pevonia. A slimming and toning wrap that stimulates your body's ability to break down fat, increase metabolism and eliminate water retention. Smoothes and enhances skin texture, visibly reducing spongy and dimply areas.





face

Get your game face on with an exclusive facial by skincare specialist Pevonia Botanica. Not only do they feel amazing they work wonders too.

ESSENTIAL AROMATHERAPY for all skin types

Harnessing the balancing power of plant energies to normalize the skin. Combining fruit enzyme exfoliation with pure essential oil blends and rich multi-vitamin masks to restore freshness and radiance.

PLANTOMER for sensitive skin

Soothing, nourishing and calming it renders the skin undeniably radiant with highly visible results.

MYOXY CAVIAR for mature skin

Counteract the imprint of time and reflect a youthful complex, dramatically reduces facial expression lines and wrinkles. Ideal for those who would like to minimize the signs of ageing.

THE COMEBACK

A purifying and refining skin treatment that leaves skin supple and refines enlarged pores. Results are visible and deliver a healthy, youthful skin with a rejuvenated appearance. Formulated especially for man's skin.





beauty

MANICURE

For perfectly presentable paws our manicure includes cleansing, shaping, hand care and color.

PEDICURE

Put your best foot forward, this full service pedi includes cleansing, shaping, foot care and color.

ROCK SPA MANICURE

The amped up version of Manicure, adds a super softening scrub and paraffin mask to the line up – go on you deserve it.

ROCK SPA PEDICURE

For a toe-tally indulgent experience, try our Rock Spa Pedicure, all the benefits of a pedicure with the addition of a scrub and paraffin treatment. Baby soft feet guaranteed.





packages

REBORN

foot cleanse | detox body mask | Sole Revival | green tea bath soak

REVITALIZE

foot cleanse | body brushing | stimulating body scrub | shower | Rhythm Sticks massage

RELAX

foot cleanse | Retune Yourself massage | taster facial of choice | petal bath soak

REWARD

foot cleanse | decadent body polish | It Takes Two massage | Myoxy Caviar Facial

RENOVATE

foot cleanse | glow body polish and body mask | Essential Aromatherapy facial | manicure - pedicure

RECOVER

foot cleanse | 90 min Balinese traditional massage | heated Thai bag | muscle ease bath soak



kids

Why let the adults have all the fun?

Rock Spa turns it on for Little Rock Star and Divas

TUTTI FRUTTI

Get seriously spoiled with this yummy fruit facial, we'll have you licking your lips, with good enough to eat ingredients that leave your skin super soft and glowing.

STRAWBERRY FIELDS FOREVER

Who doesn't love a foot rub? With yummy strawberry lotion this is not to be missed after a hard day of play.

POLISHED PAWS AND TWINKLE TOES

A must for all junior fashionistas, funky fingers and fabulous toes - now that's HOT.

For the boys nothing says chic like, clean and buffed fingers and toes.

THE SWEET SHOP

The whole kit and caboodle. For all out Rock Glamour spend a morning or afternoon in the Spa, we will treat you from top to toe with a facial, mani, pedi and a mini foot massage all with a yummy juice and snack to make life super sweet!





how to rock spa

ETIQUETTE

We invite you to join us at Rock Spa® at least 30 minutes before your scheduled appointment, providing you with sufficient time to change into your robe and utilize the steam lounge and relax. A robe, slippers and locker will be provided upon arrival.

The provided undergarments must be worn during treatments. All therapists are skilled in proper draping procedures to ensure your complete comfort and privacy.

If at any point a therapist feels a client is behaving inappropriately, he or she is authorized to stop the treatment immediately.

We ask that you do not bring cell phones, pagers, jewelry or valuables into Rock Spa®.



 find your rhythm.

Indulge your physical, mental and spiritual self.





Monday - Sunday, 8am to 10pm daily
+62.361.761.869 ext. 8325

RESERVATIONS

For maximum convenience and flexibility, we recommend you schedule your spa sessions in advance. All appointments must be guaranteed with a credit card. Children under the age of 16 must schedule Spa appointments with their parent or guardian present during the treatment.

CANCELLATIONS

Because we reserve spa services specifically for you, we ask that you give 12 hours advance notice, should you need to change your appointment. Payments for cancellations or no-shows will be charged at 50% of the treatment price.